

Blackfriars Medical Practice

Tel 01334 477477

St Andrews Community Hospital

www.blackfriarsmedicalpractice.gp.scot

Largo Road, St Andrews,

Fife, KY16 8AR



The doctors and nurses work closely together to provide good quality general appointments and family medicine. We have some specialist clinics – please find more information as below.

Chaperones

Blackfriars Medical Practice is committed to providing a safe and comfortable environment where patients and staff can be confident that the best practice is being followed at all times and the safety of everyone is of paramount importance.

All patients are entitled to have a chaperone present for any consultation, examination or procedure where they feel one is required. The chaperone may be a family member or friend. On occasions you may prefer a formal chaperone to be present i.e. a trained member of staff.

Wherever possible we would ask you to make this request at the time of booking the appointment.

Your healthcare professional may also require a chaperone to be present for certain consultations in accordance with our chaperone policy.

If you would like to see a copy of our policy or have any questions or comments regarding this please contact a member of the Practice.

Mental Health Triage Nurse

The practice now has a Mental Health Triage Nurse who works on Mondays and Thursdays. This is a nurse with experience in Mental Health who can offer short support and counselling. Skilled in brief interventions and sign posting to other mental health resources. To arrange an appointment please contact the practice as normal and advise the reception team or the clinician you are dealing with.

Listening Service

We are able to offer a listening service through our affiliated counsellor who can be contacted via the practice for patients requiring support and help.

Childhood Immunisations/GP check up

The immunisation team carry out all childhood immunisations and a letter will be sent out to your address with appointment details when they are due.

Please see below for the childhood immunisation schedule:

<https://www.nhs.uk/conditions/vaccinations/NHS-vaccinations-and-when-to-have-them/>

The team can be contacted on **01383 565456** for any queries

Antenatal

If you are pregnant, you should aim to make an appointment with the midwives from 7 weeks onwards to complete the 'booking appointment'. Please do so by contacting them on **01334 465848**

You're GP and practice nurse team continue to provide health care during pregnancy and an appointment can be made with them in the usual manner.

Parent classes are also available at St Andrews Community Hospital. You should be invited to classes between 28-32 weeks, and partners or other family support is welcome.

INR/Warfarin Clinic

For those patients on warfarin, one of our Practice Nurses runs a clinic once a week on Friday afternoons. Using a finger prick test, our Practice Nurse can test your blood and you will get the results immediately. Follow up appointments are arranged at the same time.

Diabetes

PN Wilson and Dr Smyth run this clinic. Appointments are offered every week, and you will receive a letter when your check up is due. Please let us know if you cannot attend or contact us to arrange another date.

Asthma/COPD (chronic obstructive pulmonary disease)

Inhalers not working? Not sure how to use them? PN Wilson is happy to see patients with a stable chronic lung condition for help, support and advice with their treatment. Please make an appointment for the asthma/COPD clinic.

Appointments are also sent out on an annual basis. Please let us know if you can't make it as another patient can always use your appointment.

Minor surgical procedures/Joint injections

Minor surgical procedures can be carried out at the practice after an initial consultation.

Dr's Wills, Smyth and MacFarlane all carry out minor surgical procedures, from minor excision to injections.

The first step is to make an appointment with one of these GPs to discuss this further. We regret there are some procedures which cannot safely be undertaken at the surgery but the GP will advise you at your appointment.

Cryotherapy (liquid nitrogen)

We now have access to liquid nitrogen. This can be used to deal with minor skin complaints such as warts and areas of sun damaged skin. The liquid nitrogen is available on Monday and Wednesday PM and Friday AM.

You're Practice Nurse or GP can advise if liquid nitrogen is necessary.

Well Woman/Cervical Screening

You're Doctor and Practice Nurse can advise on all aspects of female/sexual health.

Cervical screening is a method of preventing cancer by detecting abnormal cells in the cervix (neck of the womb) early on. Cervical screening is not a test for cancer but checks for cell changes that may, if left untreated go on to develop into cancer.

In many cases, cell changes will go back to normal on their own. In some cases, the abnormal cells will need to be treated. The NHS Cervical Screening Programme aims to reduce the number of women who develop cervical cancer and the number of women who die from the disease.

Being invited for cervical screening doesn't mean you're particularly at risk from cervical cancer. Attending screening regularly should mean that any abnormal changes in the cervix are identified early on. If needed, treatment can be given quickly to prevent cancer developing.

The age range and frequency of cervical screening has recently changed to screening 5 yearly from age 25 to age 64.

If you would like to know more about cervical screening, talk to your Practice nurse or Doctor, visit www.nhs24.com/cervicalscreening or phone the free NHS Helpline on 0800 22 44 88.